ISSN: 2322-0902 (PRINT) ISSN: 2322-0910 (ONLINE)



International Journal of Ayurveda and Pharma Research

https://ijapr.in

Certificate Of Publication

Is hereby awarding this certificate to

HARDEEP KAUR, HIMANSHU GUPTA, KANAK SONI, PRASHANT KATIYAR, V K KATIYAR

In recognition of the publication of the Review Article entitled

"HARNESSING YOGA AND NATUROPATHIC NUTRITION FOR CONSTIPATION MANAGEMENT:
AN OBSERVATIONAL STUDY"

Published in International Journal of Ayurveda and Pharma Research

VOLUME 13, ISSUE 10: OCTOBER 2025

B. Scin

EDITOR-IN-CHIEF IJAPR JOURNAL

Publication Manager Mahadev Publications

Address: Dr. B. Srinivasulu C/O: Bhavani Collections, Near Chevella Bus Stop, Moinabad, R.R.Dist., Pin code: 501504, Telangana. Ph: 09703393005, 09347000599